

Cox High School Spring Sports Tryout Information

*Students must have a VHSL physical dated after May 1, 2017 on file with Ms. Abbate in the Athletic Training Office to participate in any conditioning or any sports tryout. **NO EXCEPTIONS!***

Girls Soccer

Varsity – Michele Clark (Michele.clark@vbschools.com)

Tryouts begin 2/19/18

2:30-4:30PM

Meet outside of the girls' varsity locker room

JV – Erin Tonelson (Erin.tonelson@vbschools.com)

Tryouts begin 2/22/18

2:45-4:30PM

Boys Soccer

Varsity – Eric Blackmore (Eric.blackmore@vbschools.com)

JV – Brian Porter

Interest Meeting 2/8/18

Tryouts begin 2/19/18

Teams posted by 2/21/18

Girls Tennis

TBA

Boys Tennis

Jose Benjumea (tenniswithjose@gmail.com)

Interest meeting 2/19, 2:15PM, Room TBA

Tryouts begin 2/26/18

2:30PM

Tennis Courts at Cox HS

Boys & Girls Track

Tryouts begin March 1

Softball

Varsity – Stacey Bellissimo (Stacey.bellissimo@vbschools.com)

Tryouts begin 2/19/18 and run through 2/22/18

2:45-5:30PM

Meet at the softball field

Baseball

Varsity – Matt Ittner (Robert.ittner@vbschools.com)

Varsity 2/19/18 through 2/21/18

3:45-5:30PM

JV 2/19/18 through 2/21/18

4:00-6:00PM

Check morning announcements if weather is bad for any updates

Please contact Jessica Horning with questions, Jessica.Horning@vbschools.com